

ORTHOPEDICS

7

MUSCULOSKELETAL, ARTHRITIS AND RELATED DISORDERS

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AMPUTATIONS (84.91)

CRITERIA

→ Each application reviewed by MRB and qualification is dependent upon individual's functional capacity, medical needs, and climate restriction, if any. →

ACTION

↓
CLEAR

↓
CLEAR WITH
RESTRICTIONS

↓
DEFER

↓
MNQ

RESTRICT- IONS/DEFER

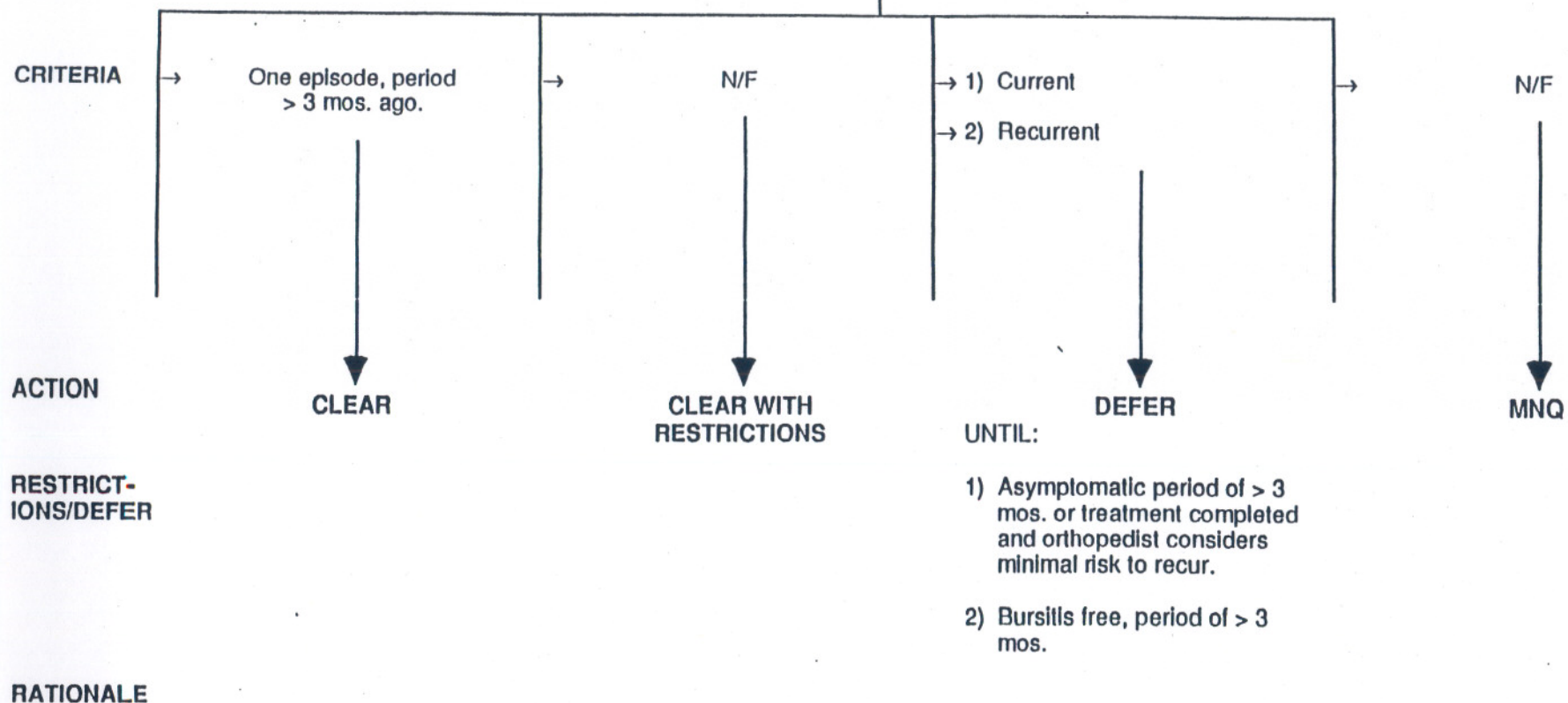
RATIONALE

MEDICAL INFORMATION NEEDED:

Generic Information

5/4/93

BURSITIS (727.3)



MEDICAL
INFORMATION
NEEDED:

Generic Information

FRACTURES (829)

CRITERIA	→ 1) Uncomplicated fractures of ankle, hand > 3 mos. post. → 2) Uncomplicated fractures of tibia, femur, completely healed > 6 mos. → 3) Uncomplicated compression fracture of spine, > 5 yrs ago, applicant < 65 yrs of age.	→ N/A	→ 1) Complicated fractures, multiple or recurrent fractures or fractures of spine, hip, skull, pelvis. → 2) Stress fractures. → 3) Compression fracture of spine, < 5 years ago.	→ 1) Uncomplicated fractures of ankle, hand < 3 mos. past. → 2) Uncomplicated fractures of tibia femur, completely healed, < 6 mos.	→ N/A
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	MRB/ MED ADVISOR	DEFER	MNQ
RESTRICT- IONS/DEFER			1) Individual review by Orthopedist and MRB review, if needed. 2&3) R/O severe disease, see underlying diagnosis.	1) Healed 3 mos. 2) Healed > 6 mos.	
RATIONALE					

MEDICAL INFORMATION NEEDED:

Generic information;
Orthopedist evaluation needed.

LIGAMENTS (840 - 848); SPRAINS (840 - 848); TENDONS (726.9); RECONSTRUCTION

CRITERIA				
<ul style="list-style-type: none"> → 1) "Pulled" ligament of extremity: Post, 6 weeks asymptomatic → 2) Single episode, asymptomatic period > 1 mo. → 3) Tendonitis, "pulled" tendon, "tennis elbow"; past, asymptomatic for 1 mo. → 4) Any surgical ligament repair post 2 yrs ^{6 mos}; currently asymptomatic 	<ul style="list-style-type: none"> → 1) Recurrent tendonitis → 2) Surgical repair of shoulder, elbow, wrist between 6 mths and 2 yrs. 	<ul style="list-style-type: none"> → 1) Current, evaluation by Orthopedist (ligaments). → 2) Current, recurrent sprain, requiring brace → 3) Tendonitis current. → 4) Reconstruction, surgical repair 		N/A
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	DEFER	MNQ
RESTRICT- IONS/DEFER		<ul style="list-style-type: none"> 1) Job placement avoids over use of affected tendon. 2) No strenuous activity involving upper extremities. 	UNTIL: <ul style="list-style-type: none"> 1) Resolved and asymptomatic, for 6 wks., requiring no further F/U care. 2&3) Resolved and asymptomatic, for period > 1 mo., requiring no further F/U care. ^{6 mos} 4) For 1 yr ^{6 mos} for lower extremities for shoulder, wrist, elbow, 6 mths; post surgery 	
RATIONALE				

BUNIONS (727.1), BUNIONECTOMY (77.5)

CRITERIA	→ 1) No pain with activity; surgery not recommended. → 2) Bunionectomy > 3 mos., resumes full activity without pain.	→ N/A	→ 1) Pain, with activity. → 2) Will require surgery within next 3 yrs.	→ N/A
INDICATION	CLEAR	CLEAR WITH RESTRICTIONS	DEFER	MANAGE
RESTRICTIONS/DEFER			UNTIL: 1) Resolved 2) Post-surgery 3 mos; resumes full activities without pain.	
RATIONALE				

ADDITIONAL MEDICAL INFORMATION NEEDED:

Generic Information;

Orthopedist if symptomatic (symptoms an indication for surgery).

Podiatrist

CARPAL TUNNEL SYNDROME (354.0)

CRITERIA	→ Single episode, period > 6 mos; asymptomatic, following treatment.	→ 1) Recurrent Carpal Tunnel Syndrome. → 2) Symptoms controlled, period > 6 mos. by use of splinting during work, sleeping.	→ Currently under treatment with active symptoms of pain, numbness and tingling of fingers and hand.	→ N/A
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	DEFER UNTIL:	MNQ
RESTRICTIONS/DEFER		1&2) Avoid repetitive wrist motion, such as computer work or typing.	The 6 mos. post treatment and asymptomatic	
RATIONALE		Avoid assignment to work related with causing carpal tunnel syndrome: computer work, typing, constant repetitive wrist motions.	Carpal Tunnel Syndrome may be treated with local injections of steroids or surgery.	

MEDICAL
INFORMATION
NEEDED.

Generic Information

Functional capacity assessment.

5/4/93

GANGLION (727.43)

CRITERIA	→ 1) Painless → 2) Resolved by needle decompression or surgery, period > 6 wks. post.	→ N/A	→ Painful	→ N/A
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	DEFER UNTIL:	MNQ

RESTRICT- IONS/DEFER

Resolved with needle decompression or surgery, period > 6 wks.

RATIONALE

Ganglions of the wrist are essentially harmless and usually painless.

If painful, the ganglions are treated by needle decompression. If continues to recur after treatment, surgery is recommended.

MEDICAL INFORMATION NEEDED:

Generic Information