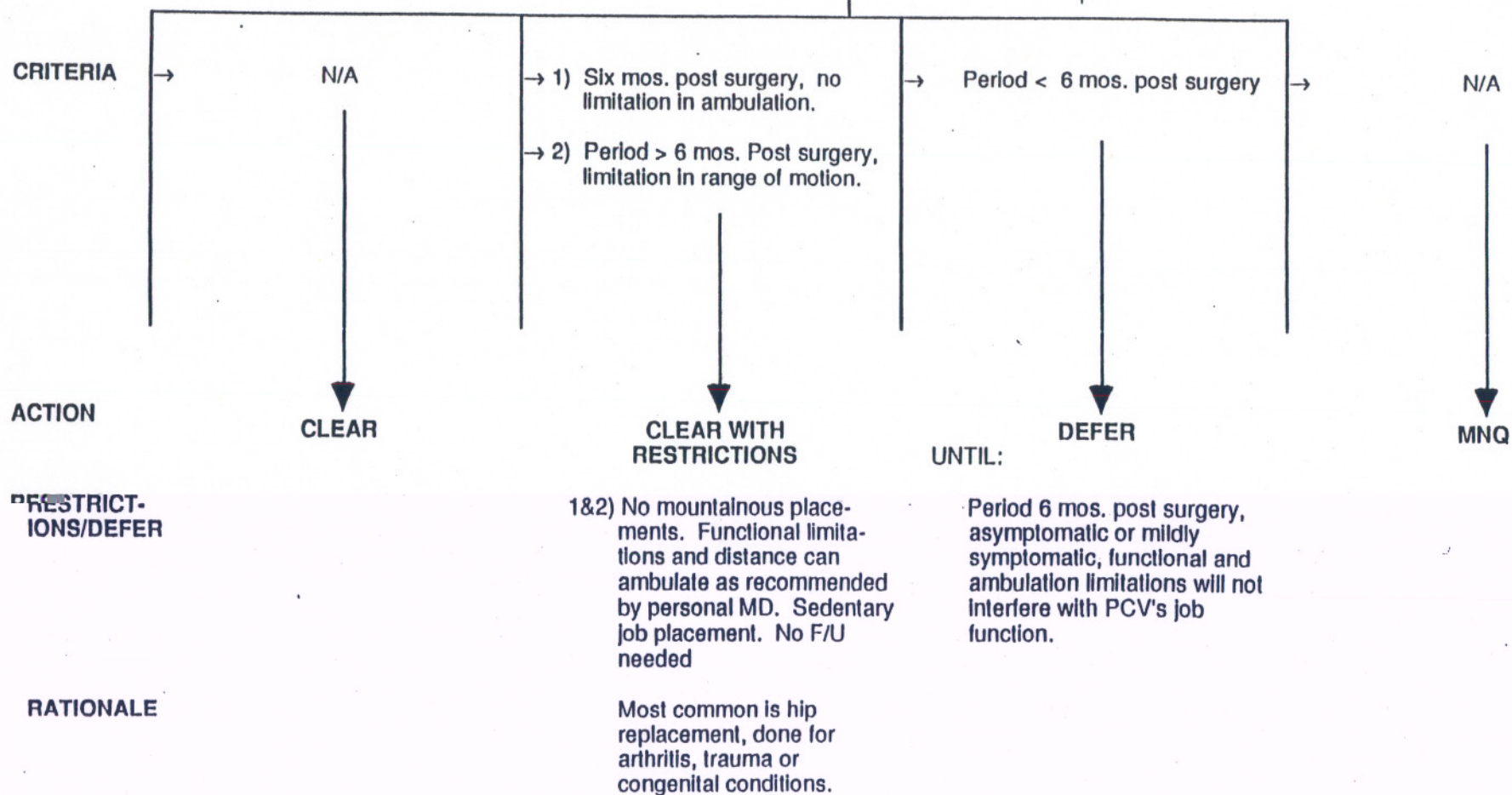


JOINT REPLACEMENT, PROSTHESIS (81) HIP; KNEE; OTHER



MEDICAL INFORMATION NEEDED:

Generic Information;
Functional limitations;
Ambulating abilities.

5/4/93

JOINTS: OSTEO-ARTHRITIS (715.9) (DEGENERATIVE JOINT DISEASE)

CRITERIA	→ X ray or physical exam shows degenerative joint changes without symptomatic episodes.	→ Pain relieved with intermittent, non-prescription analgesic, NSAIDS, Feldene.	→ Continuous use of NSAIDs.	→ 1) Weight > 120% IBW involving legs, spine, hips → 2) Inflammatory episode < 1 yr. ago.	→ 1) Requires braces. → 2) Intermittent inflammatory episodes. → 3) Functional limitations, not compatible with work requirements. → 4) Need for surgical repair of joint within 3 yrs.
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	MRB/ MED ADVISOR	DEFER	MNQ
RESTRICT- IONS/DEFER		Restrict placement to clearly stated functional capacity as defined by Application's Physician.		UNTIL: 1) Defer until weight < 120% IBW 2) Defer until 1 yr. post-inflammatory episode.	
RATIONALE				1) Obesity contributes to complication. 2) Cannot treat unstable, inflammatory condition in the field. * see weight guideline	Unable to support needs in the field.

MEDICAL INFORMATION NEEDED:

Generic information;

If history of inflammatory episodes, request R/O rheumatoid arthritis by laboratory test: RA factor;

Functional capacity, severity of disease.

7/17/95

CRITERIA	→ 1) Resolved with exercises > 6 mos. → 2) Post-surgery, 6 mos and asymptomatic → 3) Hx Osgood-Schlatter; resolved. → 4) Minimal discomfort self-managed with PRN NSAIDs.	→ N/A	→ 1) Severe pain, interferes with ADL's surgery recommended → 2) Post surgery < 6 mos. → 3) Pain controlled with continuous medication.	→ N/A
ACTION	↓ CLEAR	↓ CLEAR WITH RESTRICTIONS	↓ DEFER	↓ MNQ
RESTRICT-IONS/DEFER			UNTIL: 1&2) Post surgery for 6 -12 mos. 3) Minimal supply, self-managed	
RATIONALE	Exercise increases strength of knee ligament and decreases pain.			

Post surgery extensive physical therapy is usually needed.

Time for clearance post surgery depends on the surgery, severity of the condition, and age of patient. Clearance should be decided by Orthopedist and Physical Therapist.

MEDICAL INFORMATION NEEDED:

Generic information;

Orthopedist consultation if symptomatic within 2 yrs;

Activity limitations.

NON-LIGAMENTOUS INJURIES OF THE KNEE (717)
MENISCUS TEARS: MEDIAL(836.0), LATERAL (836.1), OTHER CARTILAGE TEAR (836.2),

CRITERIA	→ 1) Repaired, 2 mos. post arthroscopy or surgery, no sequelae. → 2) Single episode resolved → 3) Mildly symptomatic (mild swelling, ache)	→	N/A	→	Period < 2 mos. post arthroscopy or surgery	→	Knee unstable with recurring injuries.
ACTION	↓ CLEAR		↓ CLEAR WITH RESTRICTIONS		↓ DEFER		↓ MNQ
RESTRICTIONS/DEFER				UNTIL: Period of 2 mos. post arthroscopy or surgery.			
RATIONALE				Defer 2 mos to determine outcome of surgery. Time is variable with individual, severity of derangement and age. Physical Therapy usually needed post surgery. Requires Individual Orthopedist and PT evaluation. Joint needs time to heal and muscle tone return. Need to evaluate capability after joint has stabilized			In danger of severe re-injury. Treatment cannot be provided in developing countries.

MEDICAL INFORMATION NEEDED: Generic Information; Orthopedist evaluation, if symptomatic; Activity limitations.

5/1/95

KNEE: LIGAMENT INJURIES, OTHER (844.9) AND REPAIR ANTERIOR CRUCIATE LIGAMENT (ACL) INJURY AND REPAIR (90),

CRITERIA	→ 1) Single episode, other than ACL sprain, resolved.	→ 1) Ligament injury, resolved with therapy 6 mos., or surgery 1 yr., mildly symptomatic (mild swelling, ache).	→ 1) ACL or other ligament injuries period < 1 yr. post reconstruction surgery.	N/A
	→ 2) ACL injury, treated with physical therapy 6 mos. post-injury, no disability.	→ 2) Loose knee (ligament stretched or deficient), full function at ADL.	→ 2) Significant pain or instability with ADL's.	
	→ 3) ACL or ligament injuries 1 yr. post surgical reconstruction no disability.			
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	DEFER	MNQ
RESTRICT-IONS/DEFER		1&2) No mountainous placements. Restrictions as specified by orthopedist.	UNTIL: 1) Period > 1 yr. post surgery 2) Resolved	
RATIONALE	Two-thirds of individuals recover from ACL injury without disability.			

MEDICAL INFORMATION NEEDED.

Generic information;
 Orthopedic evaluation, if symptomatic or loose knee (instability);
 Activity limitations.

5/4/93