### INFORMATION REQUIRED

**Applicants With Lesions < 1 mm thick (thin lesion or low risk primary):**
- Specialist Evaluation (Dermatologist, General Surgeon) within the past 6 months to include the following
  - Date of diagnosis(s).
  - Description of lesion(s) to include size, location, and tumor stage.
  - Treatment
  - History of recurrence(s), same site or other site.
  - Statement of prognosis from treating physician.
  - Recommendations for follow-up over the next 3 years.
- Copy of pathology report(s) with interpretation.

**Applicants With Lesions 1 - 2 mm thick (intermediate risk):**
- Specialist Evaluation (Dermatologist, Oncologist, General Surgeon) within the past 6 months to include the above information.
- Copy of sentinel node biopsy report.

**Applicants With Lesion > than 2 mm thick:**
- Specialist Evaluation (Oncologist) within the past 6 months to include the above information.
- Copy of sentinel node biopsy report.
- Copy of metastatic work-up.

If Applicable:
- Discharge summary for all related hospitalizations.

### CLEARANCE CRITERIA

1. No history of recurrence; same site or other site.
2. No history of metastatic disease.
3. Treatment complete.

**Meets clearance criteria 1 - 3, AND**
- Tumor stage T0/T1a/b/c/d/undefined, AND
- Occurrence greater than 2 years ago.

**Meets clearance criteria 1 - 3, AND**
- Lesion < 1 mm deep (thin lesion or low-risk primary lesion), AND
- Occurrence greater than 3 years ago.

**Meets clearance criteria 1 - 3, AND**
- Lesion 1-2 mm deep (intermediate risk), AND
- Sentinel node biopsy negative, AND
- Occurrence greater than 3 years ago.

**PCMO FOLLOW-UP**
- Skin examination every 6-12 months.

**PCMO FOLLOW-UP**
After diagnosis, skin examination q3 months for 2 years, q 6 months until 5 years, and then annually thereafter.

**PCMO FOLLOW-UP**
After diagnosis, skin examination q3 months for 2 years, q 6 months until 5 years, and then annually thereafter.

(continued on next page)
### Background
Melanoma is a malignancy of pigment-producing cells (melanocytes) occurring in the skin, eyes, ears, GI tract, and other locations. It is characterized by the production of melanin, which gives the tumor its characteristic brown or black appearance.

### Diagnostic Codes

<table>
<thead>
<tr>
<th>Code</th>
<th>ICD</th>
<th>Cross Reference</th>
<th>Malignancy Code</th>
<th>Malignant melanoma, eye, primary, not otherwise specified, NOS</th>
<th>Malignant melanoma, skin, primary, not otherwise specified, NOS</th>
<th>Malignant melanoma, eye, primary, NOS, not otherwise specified, NOS</th>
<th>Malignant melanoma, skin, primary, NOS, not otherwise specified, NOS</th>
</tr>
</thead>
<tbody>
<tr>
<td>172</td>
<td>ICD</td>
<td>Cross Reference</td>
<td>Malignancy Code</td>
<td>Malignant melanoma, eye, primary, not otherwise specified, NOS</td>
<td>Malignant melanoma, skin, primary, not otherwise specified, NOS</td>
<td>Malignant melanoma, eye, primary, NOS, not otherwise specified, NOS</td>
<td>Malignant melanoma, skin, primary, NOS, not otherwise specified, NOS</td>
</tr>
</tbody>
</table>

### Notes and Instructions for Reviewers

Reviewers to Consider:
- None

### Comments
Adapted from emedicine.com. Malignant Melanoma. Author: Susan M Swetter, MD, Director of Pigmented Lesion and Cutaneous Melanoma Clinic, Assistant Professor, Department of Dermatology, Stanford University Medical Center/VA Palo Alto Health Care System.

**Background:** Melanoma is a malignancy of pigment-producing cells (melanocytes) occurring in the skin, eyes, ears, GI tract, and other locations. It is characterized by the production of melanin, which gives the tumor its characteristic brown or black appearance.
leptomeninges of the central nervous system (CNS), and oral and genital mucous membranes. Melanoma accounts for only 4% of all skin cancers; however, it causes the greatest number of skin cancer–related deaths worldwide. Early detection of thin cutaneous melanoma is the best means of reducing mortality.

Pathophysiology: Transformation of melanocytes to melanoma cells is understood poorly. Primary cutaneous melanoma may develop in precursor melanocytic nevi (common acquired, congenital, and atypical/dysplastic types), although more than 50% of cases are believed to arise de novo without a preexisting pigmented lesion. Melanoma is multifactorial and appears to be related to multiple risk factors including (1) fair complexion, (2) excessive sun exposure, (3) blistering childhood sunburns, (4) increased number of common acquired and dysplastic moles, (4) family history of melanoma, and (5) presence of a changing mole on the skin.

History: A changing mole is the most common symptom of melanoma. Variation in color and/or increase in diameter, height, or asymmetry of borders of a pigmented lesion are noted by more than 80% of patients with melanoma at the time of diagnosis. Symptoms, such as bleeding, itching, ulceration, and pain in a pigmented lesion, are less common but warrant evaluation.

Information regarding the changes noted in any of the following is relevant to the patient's history. Physician and patient education regarding the warning signs of early melanoma has been achieved successfully through the use of the ABCD criteria for a changing mole, which is as follows:

- Asymmetry
- Border notching
- Color variegation with black, brown, red, or white hue
- Diameter >6 mm
- Consider lesions exhibiting these features to be potential melanomas, although severely atypical nevi may be difficult to distinguish clinically.

Physical: In primary cutaneous melanoma, 4 major clinical-histopathologic subtypes have been identified and include superficial spreading, nodular, lentigo maligna, and acral lentiginous melanomas.

Superficial spreading melanoma characteristics are as follows:

- Most common subtype of melanoma, occurring in approximately 70% of patients
- Most common on the trunk in men and women and on the legs in women
- Presents as a flat or slightly elevated brown lesion, with variegated pigmentation (black, blue, or pink discoloration)
- Size of >6 mm in diameter
- Irregular asymmetric borders

Nodular melanoma characteristics are as follows:

- Occurs in 15-30% of patients
- Most commonly seen on the legs and trunk
- Rapid growth over weeks to months
- Presents as a dark brown-to-black papule or dome-shaped nodule, which may ulcerate and bleed with minor trauma

Lentigo maligna melanoma characteristics are as follows:

- Accounts for 4-15% of cutaneous melanomas
- Typically located on the head, neck, and arms (sun-damaged skin) of fair-skinned older individuals (average age 65 y) (Picture 3)
- Grows slowly over 5-20 years
- Arises in only a small percentage (estimated 5-8%) of the intraepithelial precursor lesion, lentigo maligna
- In situ precursor lesion usually large (>3 cm diameter), existing for a minimum of 10-15 years, with dermal invasion characterized by development of dark brown-to-black macular pigmentation or raised blue-black nodules

Acral lentiginous melanoma characteristics are as follows:

- Least common subtype of melanoma (2-8% of melanoma in white persons)
- Accounts for 25-72% of melanoma in dark-skinned individuals (African American, Asian, and Hispanic persons)
- Occurs on the palms, soles, or beneath the nail plate (subungual variant) (Picture 2)
- Subungual melanoma presenting as diffuse nail discoloration or a longitudinal pigmented band within the nail plate
- Must be differentiated from a benign junctional melanocytic nevus of the nail bed (similar appearance)
- Pigment spread to the proximal or lateral nailfolds (Hutchinson sign, a hallmark for acral lentiginous melanoma)
Rare melanoma variants (<2% of melanomas) include the following:

- Desmoplastic/neurotropic melanoma
- Mucosal (lentiginous) melanoma
- Malignant blue nevus
- Melanoma arising in a giant congenital nevus
- Melanoma of sarcomatoid (clear cell sarcoma)
- Amelanotic melanoma (<2% of melanomas) characteristics are as follows:
  - Nonpigmented and appearing clinically as pink or flesh colored and often mimicking basal cell or squamous cell carcinoma
  - Most commonly occurs in the setting of melanoma metastasis to the skin, presumably because of the inability of these poorly differentiated cancer cells to synthesize melanin pigment

Melanoma can occur on any skin or mucosal surface. Melanoma occurs most commonly on the trunk in white males and the lower legs and back in white females. In African American and Asian persons, the most common site is the planter foot, followed by subungual, palmar, and mucosal sites. All except nodular melanoma are characterized by a radial growth phase, which may last for months to years before a dermal expansile nodule (vertical growth) occurs.

**Lab Studies:**

- The routine practice of ordering baseline and surveillance liver function tests, lactate dehydrogenase (LDH) levels, and albumin levels in patients with cutaneous melanoma has come under scrutiny with no evidence to support its usefulness in patients without signs or symptoms of disease. Likewise, studies have shown that abnormal laboratory test results are never the sole indicator of metastatic disease and that the majority of recurrences are diagnosed clinically.
- These tests may be ordered every 6-12 months in patients with deeper primary melanomas (tumor depth >1 mm) and are not indicated.
- Laboratory tests should not take the place of careful history and physical examination.

**Procedures:**

- The criterion standard for melanoma diagnosis is histopathologic examination of skin or mucosal lesions that are suggestive of cancer.
- An excisional biopsy with narrow margins is preferred to ascertain the following information:
  - Assessment of tumor depth (Breslow depth)
  - Ulceration
  - Anatomic level of invasion (Clark level)
  - Presence of mitoses
  - Regression
  - Lymphatic/vessel invasion or vascular involvement
  - Host response (tumor-infiltrating lymphocytes)
- Immunohistochemical staining for lineage (S-100, homatropine methylbromide 45) or proliferation markers (proliferating cell nuclear antigen, Ki67) may be helpful in some cases for histologic differentiation from melanoma simulators.
- Generally, 2-3 mm of normal skin surrounding the pigmented lesion should be removed to provide accurate diagnosis and histologic microstaging. Wider margins (>1 cm) may disrupt afferent cutaneous lymphatic flow and affect the ability to identify the sentinel node(s) accurately in patients eligible for this staging procedure.
- Shave biopsies of suspected melanomas are discouraged because partial removal of the primary melanoma may not provide accurate Breslow-depth measurement, which is the most important histologic prognostic factor for cutaneous melanoma.
Staging: The melanoma staging system initially developed in 1983 by the AJCC and the Union Internationale Contre le Cancer (UICC) divided melanoma into 4 stages and incorporated tumor thickness and anatomic level of invasion for stages I and II (localized cutaneous disease) with the later recommendation to follow Breslow depth over Clark level when any discordance arose. Stage III disease involved regional lymph nodes, and stage IV disease included distant skin, subcutaneous, nodal, visceral, skeletal, or CNS metastasis.

Major revisions in the 2002 AJCC/UICC melanoma staging system were made based on a critical analysis of prior versions of the staging. The AJCC formed an international, multidisciplinary Melanoma Staging Committee and established a new clinical-pathologic database of over 17,000 patients worldwide to test the validity of the proposed staging changes. Several important modifications in the 2002 AJCC staging system include incorporation of histologic ulceration and number of lymph nodes involved (instead of size) to better stratify metastatic risk and patient prognosis. Clark level is included only in thin primary tumors (<1 mm depth, stages IA and IB) in the revised staging system because its prognostic value is minimal in thicker primary melanoma. Microscopic regional lymph node metastasis are differentiated from macroscopic nodal metastasis. Overall survival in the staging Table below is based on the worldwide AJCC data.

### Table. AJCC 2002 Revised Melanoma Staging

<table>
<thead>
<tr>
<th>Stage</th>
<th>TNM Classification</th>
<th>Histologic/Clinical Features</th>
<th>5-year Survival Rate (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>Tis N0 M0</td>
<td>Intraepithelial/in situ melanoma</td>
<td>100</td>
</tr>
<tr>
<td>IA</td>
<td>T1a N0 M0</td>
<td>≤1 mm without ulceration and level I/II</td>
<td>&gt;95</td>
</tr>
<tr>
<td>IB</td>
<td>T1b N0 M0</td>
<td>≤1 mm with ulceration or level IV/V</td>
<td>89-91</td>
</tr>
<tr>
<td></td>
<td>T2a N0 M0</td>
<td>1.01-2 mm without ulceration</td>
<td></td>
</tr>
<tr>
<td>IIA</td>
<td>T2b N0 M0</td>
<td>1.01-2 mm with ulceration</td>
<td>77-79</td>
</tr>
<tr>
<td></td>
<td>T3a N0 M0</td>
<td>2.01-4 mm without ulceration</td>
<td></td>
</tr>
<tr>
<td>IIB</td>
<td>T3b N0 M0</td>
<td>&gt;2.01 mm without ulceration</td>
<td>63-87</td>
</tr>
<tr>
<td></td>
<td>T4a N0 M0</td>
<td>&gt;4 mm without ulceration</td>
<td>45</td>
</tr>
<tr>
<td>IIC</td>
<td>T4b N0 M0</td>
<td>&gt;4 mm with ulceration</td>
<td>45</td>
</tr>
<tr>
<td>IIIA</td>
<td>T1-4a N1a M0</td>
<td>Single regional nodal micrometastasis, nonulcerated primary</td>
<td>63-89</td>
</tr>
<tr>
<td></td>
<td>T1-4a N2a M0</td>
<td>2-3 microscopic positive regional nodes, nonulcerated primary</td>
<td></td>
</tr>
<tr>
<td>IIIB</td>
<td>T1-4bN1a M0</td>
<td>Single regional nodal micrometastasis, ulcerated primary</td>
<td>46-53</td>
</tr>
<tr>
<td></td>
<td>T1-4bN2a M0</td>
<td>2-3 microscopic regional nodes, nonulcerated primary</td>
<td></td>
</tr>
<tr>
<td></td>
<td>T1-4a N1b M0</td>
<td>Single regional nodal macrometastasis, nonulcerated primary</td>
<td></td>
</tr>
<tr>
<td></td>
<td>T1-4a N2b M0</td>
<td>2-3 macroscopic regional nodes, no ulceration of primary</td>
<td></td>
</tr>
<tr>
<td></td>
<td>T1-4a/b N2c M0</td>
<td>in-transit met(s)* and/or satellite lesion(s), without metastatic lymph nodes</td>
<td>20-50</td>
</tr>
<tr>
<td>IIIC</td>
<td>T1-4b N2a M0</td>
<td>Single macroscopic regional node, ulcerated primary</td>
<td>24-29</td>
</tr>
<tr>
<td></td>
<td>T1-4b N2b M0</td>
<td>2-3 macroscopic metastatic regional nodes, ulcerated primary</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Any T N3 M0</td>
<td>4 or more metastatic nodes, matted nodes/gross extracapsular extension, or in-transit met(s)/satellite lesion(s) and metastatic nodes</td>
<td></td>
</tr>
<tr>
<td>IV</td>
<td>Any T any N M1a</td>
<td>Distant skin, subcutaneous, or nodal mets with normal LDH levels</td>
<td>7-19</td>
</tr>
<tr>
<td></td>
<td>Any T any N M1b</td>
<td>Lung mets with normal LDH</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Any T any N M1c</td>
<td>All other visceral mets with normal LDH or any distant mets with elevated LDH</td>
<td></td>
</tr>
</tbody>
</table>

*metastasis
Treatment:

**Medical Care:** Patients with localized cutaneous disease have been treated with adjuvant chemotherapy, nonspecific passive immunotherapy, radiation therapy, and biologic therapy. No increase in patient survival has been reported with these adjunctive therapies. Adjuvant interferon (IFN) alfa-2b and various experimental melanoma vaccines show promise in individuals with high-risk primary cutaneous melanoma and those with regional nodal disease.

**Surgical Care:** Surgery is the primary mode of therapy for localized cutaneous melanoma.

### Surgical Margins for Primary Melanoma
- Surgical margins of 5 mm currently are recommended for melanoma in situ, and margins of 1 cm are recommended for melanomas up to 1 mm in depth (low-risk primaries).
- Randomized prospective studies show that 2-cm margins are appropriate for tumors in the intermediate-risk group (1-4 mm in Breslow depth), although 1-cm margins have been proposed for tumors of 1- to 2-mm thickness.
- Margins of at least 2 cm are recommended for cutaneous melanomas greater than 4 mm in thickness (high-risk primaries) to prevent potential local recurrence in or around the scar site. A recently published retrospective study of high-risk primary melanomas showed that excisional margins greater than 2 cm have no effect on local recurrence, disease-free relapse, or overall survival rates; therefore, a 2-cm margin is appropriate in this subgroup.

### Elective Lymph Node Dissection
- Elective lymph node dissection for primary cutaneous melanoma of intermediate thickness initially was believed to confer a survival advantage on patients with tumors 1-4 mm in depth. Subsequently, prospective randomized clinical trials have shown no survival benefit for elective lymphadenectomy for melanomas of varying thicknesses on the extremities and marginal, if any, benefit for nonextremity melanomas.
- 10-year follow-up data in 2 of the trials conducted by the World Health Organization (WHO) and Melanoma Intergroup now suggest a survival benefit for certain subsets of patients studied. In particular, patients in the WHO trial who had occult metastasis detected at the time of wide local excision and immediate elective node dissection had a significantly better 5-year survival rate (48%) compared to those who underwent delayed (therapeutic) lymph node dissection when lymphadenopathy became apparent clinically (27%). The differences in overall survival rates for all patients who had delayed lymph node dissection was not statistically significant compared to the immediate node dissection group.

### Sentinel Lymph Node Biopsy/Dissection
- Lymphatic mapping and sentinel node biopsy effectively have solved the dilemma of whether to perform regional lymphadenectomy (in absence of clinically palpable nodes) in patients with thicker melanomas (~1 mm in depth).
- Preoperative radiographic mapping (lymphoscintigraphy) and vital blue dye injection around the primary melanoma or biopsy scar (at the time of wide local excision/reexcision) is performed to identify and remove the initial draining regional node(s).
- The sentinel node is examined for the presence of micrometastasis on both routine histology and with immunohistochemistry; if present, a therapeutic completion lymph node dissection is performed.
- A negative sentinel node biopsy prevents the morbidity associated with an unnecessary lymphadenectomy, since the histology of the sentinel node is characteristic of the entire nodal basin.
- While this procedure enhances metastatic staging for patients with deeper primaries and provides a more accurate determination of patient prognosis, its therapeutic role has yet to be established. Note that the status of the sentinel lymph node (positive or negative for micrometastasis) has been shown to be the most important prognostic factor for disease recurrence and the most powerful predictor of survival for patients with melanoma.

Consultations:

- **Surgical oncology:** Sentinel node biopsy typically performed at the time of wide local excision and following preoperative lymphoscintigraphy.
- **Surgical treatment of regional lymph node disease and soft tissue and/or in-transit recurrence (stage III disease):**
- **Palliative surgical treatment of visceral and CNS metastasis:**
- **Medical oncology:** Discuss adjuvant therapy with IFN-alfa or experimental melanoma vaccines.
- **Discuss and initiate treatment of metastatic melanoma (stage IV):** With chemotherapy or concurrent biochemotherapy, as indicated clinically.
- **Nuclear medicine:** Preoperative lymphoscintigraphy if selective sentinel node dissection is performed.
Medication: High-dose IFN alfa-2b is the only Food and Drug Administration–approved adjuvant therapy for high-risk resected melanoma, defined as deep primaries >4 mm in Breslow depth (AJCC stage IIB) and regional lymph node metastasis (stage III). Various trials of low-dose IFN have shown no benefit in disease-free relapse or overall survival rates. Similarly, multiple melanoma vaccine trials are in progress, predominantly for stage III and IV disease.

Follow-Up Outpatient Care:
- Observe patients closely after the diagnosis of intermediate-risk or high-risk cutaneous melanoma because most metastases are diagnosed in the first 1-3 years after treatment of the primary tumor.
- Diagnosis of recurrent/metastatic disease and new primary melanoma depends on a routine evaluation schedule that varies according to the presence of the following:
  - Tumor depth (low, intermediate, or high risk)
  - Histologic ulceration
  - Lymph node status
  - Results of examination of the melanoma scar
  - Examination of regional and distant lymph node basins
  - Hepatosplenomegaly on abdominal examination
  - Mole pattern and examination of the entire cutaneous surface for new primaries

Follow-up of a Melanoma
[From National Guideline Clearinghouse; Guideline “Skin Cancer”]

- Patients with a melanoma are followed-up every 3 months until 2 years have passed from the diagnosis. Thereafter, follow-up is continued every 6 months for 5 years. The unit responsible for follow-up (hospital or primary care) can be decided on locally. It is important that the same doctor always sees the patient.
- If the patient has numerous naevi or the syndrome of hereditary dysplastic naevi, follow-up of a melanoma should take place in a dermatological unit. High-quality photographs facilitate follow-up. These patients should be followed-up throughout their life.
- At follow-up visits the general condition and symptoms are investigated, and the site of excision and local lymph nodes are palpated. Satellites of melanoma are usually felt as subcutaneous nodules, and they are visible under the skin as dark spots.
- A melanoma first metastasizes into regional lymph nodes, which should be followed-up carefully by palpation. If the clinical examination suggests the spread of a melanoma, a chest radiograph, blood count, liver function tests, and liver ultrasonography should be performed.
- If a melanoma has infiltrated the regional lymph nodes, they are removed surgically. A metastasized melanoma is treated by an oncologist. Cytostatics and interferon have been moderately effective in the treatment of metastasized melanoma.

A rational approach to melanoma follow-up in patients with primary cutaneous melanoma. Scottish Melanoma Group.


From the Scottish Melanoma Group database for south-east Scotland we evaluated 5-year follow-up in patients with cutaneous malignant melanoma excised between 1979 and 1994 and devised an ‘evidence-based’ review protocol. Of the 1568 with stage I melanoma, 293 (19%) developed a recurrence, 32 had a second primary melanoma and 97 had an in-situ melanoma. The disease-free interval shortened progressively with increasing tumour thickness. Overall, 80% of recurrences were within the first 3 years, but a few patients (<3%) had recurrences 5 or 10 years after the initial surgery. In-situ melanomas did not recur. Almost half (47%) the recurrences were noted first by the patient, and only 25% were detected first at a follow-up clinic. One hundred and thirty-nine patients (89%) were still under review when their recurrences were detected, and 102 (65%) had been seen within the previous 3 months. Questionnaires were completed by 120 patients: sun protection and avoidance, and mole examination were more likely after melanoma excision. We recommend 3-monthly review of patients with invasive lesions for the first 3 years. Thereafter, those with lesions >1.0 mm need two
further annual reviews. Patients with in-situ lesions should be reviewed once, to confirm adequate excision (0.5 cm margins) and to give appropriate education. Surveillance beyond 5 years is only justified if there are special risk factors.

Prognosis: Prognosis is multifactorial and primarily depends on (1) tumor thickness, (2) presence or absence of histologic ulceration, and (3) lymph node involvement (most important).

Cutaneous melanoma (stages I and II)

- Thin primaries (< or equal to 1 mm) are associated with a 5-year survival rate of 91-95% depending on the presence or absence of histologic ulceration and Clark level >III.
- Intermediate thickness melanoma (1.01-4 mm) is associated with 5-year survival ranging from 63-89%, depending on ulceration and thickness (1.01-2 mm, 2.01-4 mm) of the primary tumor.
- Patients with high-risk tumors (>4 mm) have a 5-year survival rate of 67% without ulceration, compared to 45% with an ulcerated primary.
- Ulceration significantly reduces survival at each tumor stage, even when regional lymph nodes are involved.

Stage III disease

- Regional lymph node metastasis is associated with a 5-year survival rate of 13-69%, depending on the number of nodes involved, microscopic or macroscopic (matted nodes/gross extracapsular extension) disease, and ulceration of the primary melanoma. In-transit metastasis/satellite lesions are associated with 30-50% 5-year survival, with a significantly worse prognosis in the setting of concomitant regional nodal metastasis (10-30%).
- Adjuvant IFN-alfa has shown improved disease-free and overall survival for Stage III disease, and melanoma vaccines/biologic response modifiers show promise in prolonging survival.

Stage IV disease

- Prognosis for distant metastatic disease is extremely poor, with a median survival rate of only 6-9 months and 5-year survival rates ranging from 7-19%, depending on the site(s) of metastasis. In general, patients with soft tissue, nodal, and isolated lung metastasis have a slightly better prognosis than those with other visceral metastasis and/or elevated lactate dehydrogenase levels. However, survival beyond one year occurs in only a minority of Stage IV patients.
- Systemic chemotherapy is the mainstay of treatment, despite low response rates (<20%), which tend to be of short duration.
- Biochemotherapy, employing standard chemotherapeutic agents with biologic response modifiers such as IL-2, interferon alfa, or GM-CSF has shown limited success in the management of unresectable stage IV melanoma, and is under further investigation. High dose IL-2 alone, or combined with histamine dihydrochloride, has also shown promise in patients with advanced disease.
- As with regional nodal disease, there are numerous trials investigating the use of melanoma vaccines (with or without biologic response modifiers) in the treatment of disseminated disease. It is hopeful that data from the many phase III trials in progress worldwide will show improvement in survival for patients with advanced melanoma.

Literature review available.

Reviewers:

- Dr. Robert Carnathan, OMS Dermatology Consultant. 5530 Wisconsin Avenue, NW #830, Chevy Chase, MD 20851. Phone: 301-718-9839. Fax: 301-770-7080.
NEVI, BENIGN (448.1), DYSPLASTIC (238.2)

CRITERIA
→ History of Nevi (non-dysplastic) requiring biopsy. Biopsy benign.
→ 1) Dysplastic Nevus Syndrome
   → 2) Sporadic Dysplastic Nevus (Biopsy negative)

ACTION
CLEAR
CLEAR WITH RESTRICTIONS
DEFER
MNQ

RESTRICTIONS/DEFER
1) Approved BC - Derm. for annual exam. (skin checks)
2) Any Derm. for annual exam. (skin checks)

RATIONALE
Most Nevi are benign.
At risk for development of Malignant Melanoma.

MEDICAL INFORMATION NEEDED
Generic information
Biopsy report.
F/U needed 2-3 yrs.
Aggravating factors.

8/15/93
**MEDICAL INFORMATION NEEDED:**
- Dermatologist evaluation.

**RATIONALE**
- Risk of recurrence is low.
- High risk of recurrence

**RESTRICTIONS/DEFER**
- Five yrs., no evidence of disease.
- See Dermatologist within 6 mos. overseas posting.

**ACTION**
- CLEAR
- CLEAR WITH RESTRICTIONS
- DEFER
- MNQ

**CRITERIA**
- N/A
- Any lesion < 0.75 mm deep
- Any lesion > 0.75 mm deep
- period < 5 yrs., post removal.
- Any history of metastatic disease

**MALIGNANT MELANOMA (172)**
<table>
<thead>
<tr>
<th>CRITERIA</th>
<th>ACTION</th>
<th>RESTRICTIONS/DEFER</th>
<th>RATIONALE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Alopecia Areata (single treatment complete).</td>
<td>CLEAR</td>
<td>4) Applicant must be informed by letter that PC will not supply Minoxidil</td>
<td>PC does not pay for cosmetic procedures. Also, diet, climate, stress and use of certain antimalarial medication could cause this condition to worsen.</td>
</tr>
<tr>
<td>2) Alopecia Universalis (treatment complete).</td>
<td>CLEAR WITH RESTRICTIONS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3) Alopecia Total (treatment complete).</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4) Hereditary Alopecia (normal male baldness) under treatment with topical Minoxidil.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CRITERIA</th>
<th>ACTION</th>
<th>RESTRICTIONS/DEFER</th>
<th>RATIONALE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Alopecia Areata (two or more episodes) treatment complete.</td>
<td>CLEAR</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2) Alopecia Universalis, current treatment.</td>
<td>DEFER</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

MEDICAL INFORMATION NEEDED: Dermatologist evaluation.

10/31/94
**CRITERIA**

2. 1) Dysplastic Nevus Syndrome
   - Biopsy benign.
3. 2) Sporadic Dysplastic Nevus (Biopsy negative)

**ACTION**

- CLEAR
- CLEAR WITH RESTRICTIONS
- DEFER
- MNQ

**RESTRICTIONS/DEFER**

1. Approved BC - Derm. for annual exam. (skin checks)
2. Any Derm. for annual exam. (skin checks).

**RATIONALE**

- Most Nevi are benign.
- At risk for development of Malignant Melanoma.

**MEDICAL INFORMATION NEEDED:**

- Generic information
- Dermatologist evaluation
- Biopsy report.
- F/U needed 2-3 yrs.
- Aggravating factors.

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