

# HEMATOLOGY

# HEMATOLOGY

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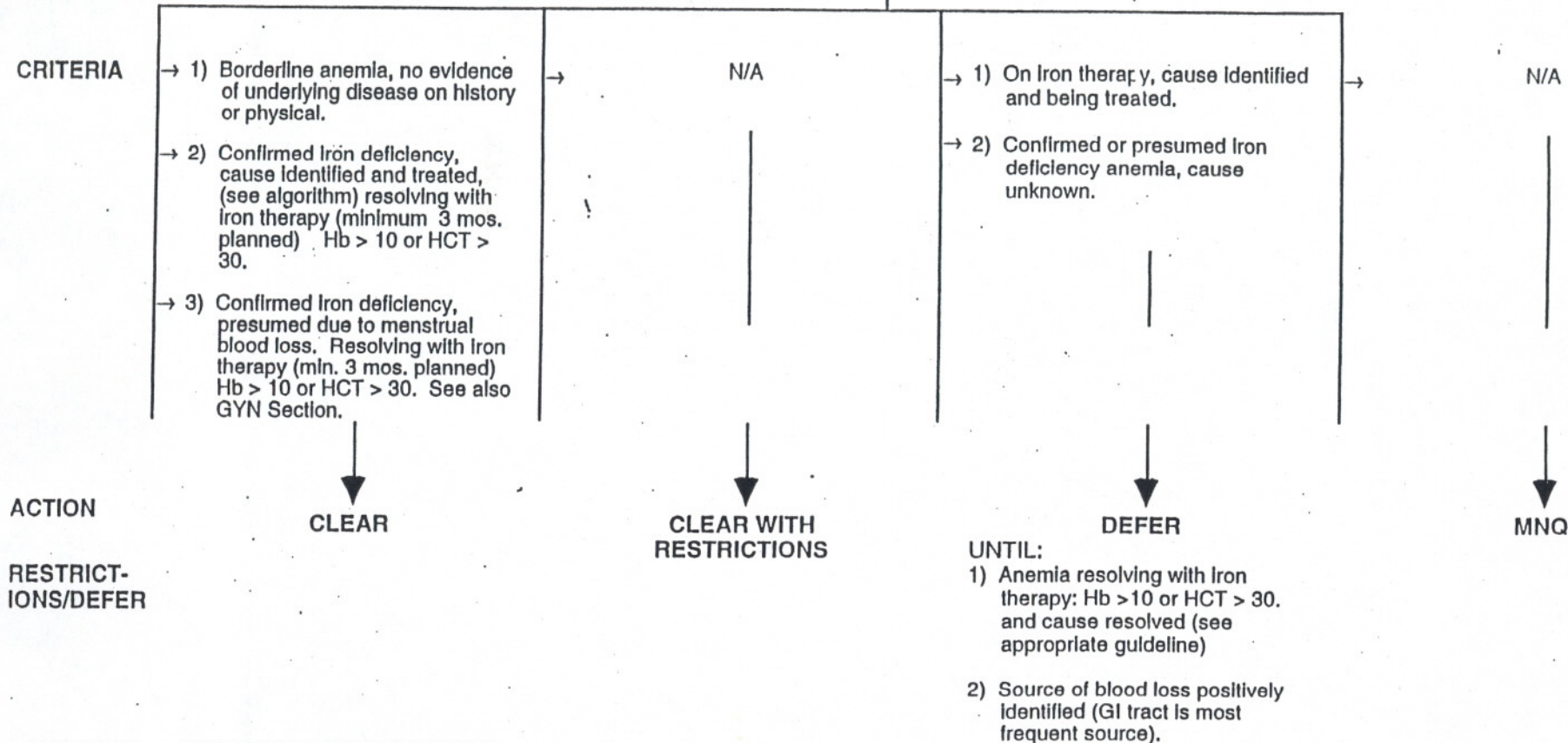
### III. ADDENDUM

**HEMOLYTIC ANEMIA (282.9), AUTO-IMMUNE HEMOLYTIC ANEMIA (283.0) HEREDITARY HEMOLYTIC ANEMIAS:  
SPHEROCYTOSIS (282.9), ELLIPTOCYTOSIS (282.1), G6-PD (282.2), PYRUVATE KINASE (PK) (282.3)**

CRITERIA	→ N/A	→ 1) Spherocytosis, resolved, > 2 yrs. ago, pos. Coombs test and only 1 previous episode → 2) Elliptocytosis, resolved > 2 yrs. ago positive Coombs test and only 1 previous episode → 3) Acute or chronic anemia due to G6PD, mild, stable.	→ 1) Pyruvate kinase → 2) Auto-immune hemolytic anemia: resolved, off meds. > 2 yrs.	→ Auto-Immune hemolytic anemia < 2 yrs. post.	→ 1) Spherocytosis, elliptocytosis Comb test positive and > previous episode. → 2) Myelodysplasia
ACTION	↓ <b>CLEAR</b>	↓ <b>CLEAR WITH RESTRICTIONS</b>	↓ <b>MRB/ MED ADVISOR</b>	↓ <b>DEFER</b>	↓ <b>MNQ</b>
RESTRICTIONS/DEFER		1&2) BMF  3) Non-malaria countries		<b>UNTIL:</b>  Stable and post treatment > 2 yrs.	
RATIONALE	Anemia is a symptom. The cause must be diagnosed and treated.	1&2) Can be 1 time event, never recur  3) Cannot take Primaquine to prevent vivax malaria.	Can be exacerbated by infections, medication, may need to be managed if have an episode.	May exacerbate once off treatment. Serious disease.	1&2) Treatment not available in PCMU's.  3) "Smouldering" acute leukemia, exacerbation unpredictable.
MEDICAL INFORMATION NEEDED:	Hematologist evaluation; treatment needed next 3 yrs. ; Labwork, tests, F/U needed, and meds.				



# IRON DEFICIENCY (ID) ANEMIA ( Fe ANEMIAS) (280.9), BORDERLINE ANEMIA



**RATIONALE** CONFIRMED IRON DEFICIENCY:

- 1) Low serum iron and ferritin with normal or elevated TIBC.
- 2) Document response to iron replacement;
- 3) Absent iron stores on bone marrow 99.9% of I.D. anemias are due to blood loss. Once the underlying problem is resolved it does not recur. The cause for anemia must be diagnosed and treated, can be related to GI bleeding (ulcers, polyps, malignancies) low Fe intake or absorption, malaria.

## MEDICAL INFORMATION NEEDED:

Values below borderline require evaluation - see addendum for algorithm  
 Generic Information; Fe, TIBC, and/or Ferritin tests; and Stool for occult blood X3

	MALE		FEMALE	
	NL	borderline	NL	borderline
Hematocrit	42-52	40-42	38-46	36-38
Hemoglobin	14-18	13-14	12-16	11-12

N O R M A L S			
BASIS	MALE	FEMALE	IN ID ANEMIA
Fe	70 - 150 mcg/dl	80 - 150	low
TIBC	300 - 400	300 - 450	high
Trans Ferraen Saturation	20 - 50	20 - 50	low
Serum Ferritin	30 - 300 ng/ml	30 - 300 ng/ml	low

# HEMATOLOGY

COMPONENT	NORMALS	BORDERLINE NORMALS	CRITERIA FOR NORMAL/BORDERLINE
Hematocrit and/or Hemoglobin	Male: 42-52% 14-18g/dl	Male: 40-42% 13-14g/dl	Clear
	Female: 38-46% 12-16g/dl	Female: 36-38% 11-12g/dl	Clear
			Any values outside of normal/borderline normal requires appropriate evaluation as per addendum for anemia work-up.

6/6/94



# URINALYSIS

COMPONENT	NORMALS	CRITERIA
Specific Gravity Color Character pH	1.005-1.020 Straw Clear, odorless 4.5-8.0	Any deviations should be reviewed in context of other U/A findings and history and physical. May ask for repeat or take action based on underlying cause.
Glucose (sugar):	Negative	Negative----- Clear Present ----- Defer: Diabetes, drug therapy
Protein (Albumin):	Negative to Trace	Negative to trace-(except diabetics) Clear > Trace ----- Defer:MD evaluation for kidney disease
Ketones (acetone):	Negative	Negative ----- Clear Trace or 1+ & no glucose ---- Clear 1+ & positive glucose ---- Defer: MD evaluation
Urobilinogen:	Negative/Small Amounts	Negative to trace ----- Clear > Trace ----- Repeat and evaluate
Bilirubin:	Negative	Negative----- Clear Positive----- Refer: MD R/O liver disease
Nitrite:	Negative	Negative----- Clear Positive----- R/O UTI
Ascorbic Acid:	No Importance	N/A----- N/A
Blood (Occult Blood):	Negative dipstick, 0-3 RBC/HPF	Negative-or < 0-3 RBC/HP----- Clear Positive----- Defer: R/O > 3 RBC/HPF Urologic dysfunction

10/4/93

### Initial Anemia Work-up

The following evaluations are for begining the anemia work-up on PCVs and applicants. It is not a comprehensive analysis of the anemic condition but indicates where to begin and a discussion of iron deficiency anemia.

- 1) Anemia is diagnosed by a CBC or spun hematocrit. See Screening Guidelines page SP8 for the values acceptable to Peace Corps
- 2) The initial evaluation must have:
  - a) reticulocyte count, with reticulocyte index calculated
  - b) Peripheral blood smear
  - c) MCV, MCHC, (RDW if available)
  - d) A complete H&P regarding diet, menstruation, pregnancy, etc.
  - e) 3 stools for occult blood (needed for most classifications, so get it early)
- 3) The above information will classify the anemia into cell size:  
microcytic, most common  
macrocytic  
normocytic
- 4) The anemia is now evaluated based on the above classification. Some common anemias and their work-ups are listed below. Field consults may save time by also recommending work-up for iron deficiency immediately, in addition to the tests already listed above.

### Specific Anemia Work-up

- 1) Microcytic anemia Causes = Iron deficiency, Thalessemia, Chronic disease  
Work-up: TIBC, Serum Ferritin, Serum Iron  
(note that iron deficiency can also be diagnosed by demonstrating that the anemia is corrected by giving supplemental iron)  
Action: The cause of iron deficiency anemia must be identified. If any stools are + for blood a GI investigation must be performed. Other causes include: low iron diet, decreased absorption, heavy and frequent menstruation, hemoglobinuria, pregnancy, lactation, others. Hemoglobin values must be corrected to acceptable levels before clearance if iron deficiency is the cause.
- 2) Macrocytic Anemia. Causes = Vit B12 or Folate deficient, Liver disease  
Work-up: 1) B12 and folate levels  
2) Bone marrow biopsy if retic count low  
Action: Refer to specialist
- 3) Normocytic Anemia. Causes (many) = Marrow failure, Hemolysis, blood loss  
Work-up: 1) If Retic count decreased, Bone Marrow biopsy  
2) if retic increased, Coombs Test  
Action: Refer to specialist



# MEGALOBLASTIC ANEMIAS (281.9), PERNICIOUS ANEMIA, B-12 DEFICIENCY (281.0), FOLATE DEFICIENCY (281.2)

CRITERIA	<ul style="list-style-type: none"> <li>→ 1) B12 (pernicious anemia) on maintenance therapy of B12 injection Q 3 mo or greater, or every 1-2 mos self administered.</li> <li>→ 2) Folate deficiency asymptomatic, blood studies WNL and asymptomatic on maintenance therapy <i>WNL</i></li> </ul>	<ul style="list-style-type: none"> <li>→ 1) B-12 or Pernicious Anemia: on maintenance therapy of B-12 injections; every 1-2 mos lab. values WNL.</li> </ul>	<ul style="list-style-type: none"> <li>→ 1) Newly diagnosed folate deficiency or diagnosed &lt;1 yr.</li> <li>→ 2) Newly diagnosed, pernicious or B-12 Anemia: Schilling test positive.</li> <li>→ 3) Symptomatic pernicious anemia: weight loss, anorexia, glossitis, neurological including parathesias, weakness, ataxia, fatigue, neurological deficiency.</li> </ul>	<ul style="list-style-type: none"> <li>→ 1) Assoc. with auto immune disease (thyroid, most common, ITP, LE).</li> <li>→ 2) Persistent neurological deficiency associated with Pernicious Anemia.</li> </ul>
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	DEFER	MNQ
RESTRICT-IONS/DEFER		<ul style="list-style-type: none"> <li>1) PCMO concurrence to verify ability to administer B12 on Q 1-2 mo schedule. Requires Vit. B-12 Inj. (ranges q 3 mos. - q 12 mos.) usually self administered. Storage of Vit. B-12, cool area, out of sun light. Does not require refrigeration.</li> </ul>	UNTIL: <ul style="list-style-type: none"> <li>1) Usually nutritionally based; R/O alcoholism, hemolytic anemia. Asymptomatic on maintenance folic acid &gt; 1 yr.</li> <li>2-3) Asymptomatic on maintenance therapy.</li> </ul>	
RATIONALE		Requires Vit. B-12 injection maintenance for life		<ul style="list-style-type: none"> <li>1) Decision should be based on underlying disease.</li> <li>2) Disease process too severe PCMU cannot support.</li> </ul>
MEDICAL INFORMATION NEEDED:	Generic information; Hematology evaluation; treatment needed next 3 year; Lab tests: Schilling test pos. Is the definitive test for B-12 and Pernicious Anemia. MCV can be low and still have Megaloblastic Anemia and is not considered a sensitive test; Folate levels for folate deficiency anemias.			

4/18/92



**HEMOGLOBINOPATHIES, SICKLE CELL TRAIT (282.5) DISEASE (282.6),  
HEMOGLOBIN C. TRAIT (282.7) DISEASE (282.7), THALASSEMIA TRAIT (282.4) DISEASE (282.4)**

<b>CRITERIA</b>	→ 1) Hemoglobin C Trait → 2) Thalassemia Minor (alpha and beta) with no complications.	→ 1) Sickle Cell Trait	→ N/A	→ 1) Sickle cell disease → 2) Hemoglobin C disease → 3) Hemoglobin S & C disease → 4) Sickle/Thalassemia disease
<b>ACTION</b>	↓ <b>CLEAR</b>	↓ <b>CLEAR WITH RESTRICTIONS</b>	↓ <b>DEFER</b>	↓ <b>MNQ</b>
<b>RESTRICT- IONS/DEFER</b>		1 Avoid high altitudes, approx > 8,000 ft.. If had Splenectomy no Malaria countries.		
<b>RATIONALE</b>	Hgb usually about 15% below normal.	Sickle cell protects against certain types of malaria.  Sickle cell trait occurs in approx. 8 - 13% of Afro-Americans. People with sickle cell trait are essentially normal and do not experience hemolysis, painful crises or thrombotic complications as with sickle cell anemia.		Treatment cannot be provided in PCMU's.

**MEDICAL INFORMATION NEEDED:** Generic Information;  
Laboratory confirmed diagnosis.

12/27/94

Hematology

HEME-4

# **HEMORRHAGIC DISORDER (287)** **IMMUNO-THROMBOCYTOPENIA PURPURA (ITP) (287.3), THROMBOCYTOPENIA (287.5)**

<b>CRITERIA</b>	→ 1) Single episode ITP, resolved > 5 yrs. → 2) Purpura Simplex → 3) Steroid induced Purpura, resolved off "steroids"	→ N/A	→ 1) Thrombocytopenia of unknown etiology → 2) ITP < 5 yrs. post	→ 1) ITP > 1 episode → 2) Hereditary coagulation disorders: hemophilias, von Willebrand's Disease. Other factor deficiencies, qualitative platelet disorders (poor platelet functions).
<b>ACTION</b>	↓ <b>CLEAR</b>	↓ <b>CLEAR WITH RESTRICTIONS</b>	↓ <b>DEFER</b>	↓ <b>MNQ</b>
<b>RESTRICT- IONS/DEFER</b>	Note: Non-malarial countries if post splenectomy		UNTIL: 1) Etiology Identified. Clearance dependent upon diagnosis. 2) Stable; has not required therapy > 5 yrs; not recurrent.	
<b>RATIONALE</b>	Often disease of young females. Benign condition, PCV at no risk. Can be caused by aspirin.  ITP in childhood is often assoc. with a viral infection. Does not recur.			

**MEDICAL  
INFORMATION  
NEEDED:**

Generic Information;  
Hematology evaluation if Hx of ITP (except ITP in childhood).



**LEUKEMIAS, Acute Lymphoblastic (204.0); Acute Myelocytic (205.0), Chronic Lymphocytic (204.1), Hairy Cell (202.4), Chronic Myelocytic (205.1), Myelodysplasia (208.8), Bone Marrow Transplant (41.0)**

CRITERIA	<ul style="list-style-type: none"> <li>→ 1) Childhood history of Acute Lymphoblastic Leukemia (ALL), 5 yrs. disease free.</li> <li>→ 2) Acute Lymphoblastic Leukemia (ALL) 5 yrs. disease free since treatment.</li> <li>→ 3) Acute Myelocytic Leukemias (Including ANLL) 5 yrs. post disease free.</li> </ul>	<ul style="list-style-type: none"> <li>→ Period &gt; 5 yrs. post bone marrow transplant and 5 yrs. disease free.</li> </ul>	<ul style="list-style-type: none"> <li>→ 1) Acute Leukemias &lt; 5 yrs. post treatment.</li> <li>→ 2) Post-bone marrow transplant. period &lt; 5 yrs. post transplant.</li> </ul>	<ul style="list-style-type: none"> <li>→ 1) Myelodysplasia.</li> <li>→ 2) Chronic Myelocytic Leukemia (CML).</li> <li>→ 3) Chronic Lymphocytic Leukemia (CLL).</li> <li>→ 4) Hairy Cell Leukemia.</li> </ul>
ACTION	CLEAR	CLEAR WITH RESTRICTIONS	DEFER	MNQ
RESTRICTIONS/DEFER		<ul style="list-style-type: none"> <li>1) BMF country for F/U.</li> <li>2) Requires PE, CBC, platelets, blood studies q 6 mos.</li> </ul>	UNTIL: <ul style="list-style-type: none"> <li>1&amp;2) Five yrs. post-treatment cancer free.</li> <li>3) Per. &gt; 5 yrs. post-transplant and treatment with no recurrent episodes post treatment.</li> </ul>	
RATIONALE	ALL accounts for 85% of childhood leukemias.		Conditions can recur.	Prognosis poor. <ul style="list-style-type: none"> <li>1) Is pre-leukemia condition, unpredictable for exacerbation into acute leukemia.</li> <li>2-4) Can't support through PCMUs.</li> </ul>

**MEDICAL INFORMATION NEEDED:**

Hematology evaluation except for childhood leukemias

Hematology

HEME-6

5/4/93

# LYMPHOMA (202.8), Hodgkin's Disease (201.9), Multiple Myeloma (203.0)

CRITERIA	→	N/A	→	Lymphoma or Hodgkin's Disease post chemo/radiation therapy, no recurrence for 5 yrs. Requires no treatment or maintenance therapy.	→	Hodgkin's Disease or Lymphoma post treatment < 5 years.	→	Multiple Myeloma (see below)
ACTION		CLEAR		CLEAR WITH RESTRICTIONS		DEFER		MNQ
RESTRICTIONS/DEFER				Restriction to BMF, Hematologist, country for F/U. Requires yearly Hematologist, P.E., CBC, Sed rate, Platelets, Chemistries. <i>→ Better Medical Facilities</i>	UNTIL:	Post treatment 5 yrs. CA free		
RATIONALE				If diagnosed early, Hodgkin's has a 90% cure rate. The prognosis for Lymphoma is not so bright.				Multiple Myeloma can remain dormant for long periods before exacerbating.

MEDICAL INFORMATION NEEDED:

Generic information; Hematologist evaluation.



**MYELOPROLIFERATE DISORDERS (238.7),  
ESSENTIAL THROMBOCYTHIEMIA (238.7), MYELOFIBROSIS (289.8), POLYCYTHEMIA VERA (238.4)**

<b>CRITERIA</b>	→ N/A	→ N/A	→ Polycythemia (elevated RBC), R/O cause, i.e. compensatory, relative or polycythemia vera.	→ 1) Polycythemia Vera → 2) Myelofibrosis → 3) Essential (primary) Thrombocythemia
<b>ACTION</b>	↓ <b>CLEAR</b>	↓ <b>CLEAR WITH RESTRICTIONS</b>	↓ <b>DEFER</b>	↓ <b>MNQ</b>
<b>RESTRICT- IONS/DEFER</b>			<b>UNTIL:</b>  Compensatory, relative, polycythemia: determine underlying cause, when H&H return to normal, follow guideline for specific reason.	1) Requires monitoring, periodic phlebotomy. Cannot be managed by PCMUs.  2&3) Poor prognosis, requires monitoring. Care cannot be supported by PCMU.
<b>RATIONALE</b>			Polycythemia can be caused by a variety of reasons. The underlying cause must be determined and cleared accordingly.	

**MEDICAL  
INFORMATION  
NEEDED:**

Hematology evaluation for diagnosis;  
and blood studies.

5/4/93

**SPLEEN:**  
**CYST (289.59), SPLENOMEGALY (789.2), SPLENECTOMY (41.5)**

CRITERIA	→ 1) Splenic cysts, asymptomatic → 2) Past history of splenomegaly resolved, due to acute or chronic infections, now resolved.	→ Post splenectomy > 3 mos. due to benign cause, i.e. trauma, splenic cysts.	→ 1) Post splenectomy < 3 mos. post, benign cause. → 2) Splenomegaly unknown cause. Current or recently diagnosed.	→ 1) Assoc. with Cirrhosis, Portal HTN, auto-immune disease → 2) Lipid storage disease
ACTION	↓ <b>CLEAR</b>	↓ <b>CLEAR WITH RESTRICTIONS</b>	↓ <b>DEFER</b>	↓ <b>MNQ</b>
RESTRICT- IONS/DEFER		Must have pneumovax, meningococcus, hemophilis Influenza B vaccines. No Malaria countries.	UNTIL: 1) Post-op 6 mos. asymptomatic 2) Requires work-up for possible cause and condition treated.	1) At risk for sudden bleeding 2) Treatment not available in PCMU's. Condition limits PCV's ability to function.
RATIONALE	1) Splenic cyst is rare, usually due to resolution of previous hematoma, sometimes requiring surgery or associated with renal cysts.  2) Malaria, mononucleosis, chronic TB, Hepatitis can cause splenomegaly.	Cancer in the spleen is usually metastasis from cancer in other body sites.		

**MEDICAL  
INFORMATION  
NEEDED:**

Generic Information



# DISORDERS OF IRON METABOLISM, HEMOCHROMATOSIS (275.0)

CRITERIA	→	N/A	→	N/A	→ 1) Iron storage disease stable for 3 years, not requiring phlebotomy.	→ 1)-Hemochromatosis, requiring periodic phlebotomy. → 2) Any end organ dysfunction
ACTION		↓ CLEAR		↓ DEFER	↓ MRB/Med advisor	↓ MNQ
RESTRICTIONS/DEFER					If cleared, restrict to Board Certified Hematology country. PCMO concurrence.	Requires continuous monitoring and interpretation of multiple lab tests. High risk for severe complication. Cannot accommodate in PCMU.
RATIONALE						

MEDICAL  
INFORMATION  
NEEDED:

Generic information;

## HEMATOLOGY

**Anemia:** Except for iron deficiency anemia, anemia are extremely rare in the younger population. Anemia is more commonly seen in individuals 60 years or older; an exception anemia secondary to colon cancer in males.

**Megaloblastic Anemia:** There are a variety of causes for megaloblastic anemia, i.e., auto-immune disease as in pernicious anemia, the absence of gastro-parietal cells for a variety of reasons such as surgery, in B-12 deficiency, or food causes as in iron deficiency.

**B-12 and Pernicious Anemia:** Pernicious anemia is an auto immune disease in which the gastro-parietal cells are attacked. The gastro-parietal cells produce intrinsic factor which co-factor in producing hemoglobin.

In both pernicious anemia and B-12 anemia, the condition, once stabilized, can be managed by iron injections every few months, usually self-injected by the individual. If some reason the injections are not given, it takes a great deal of time, up to ten years for the individual to become depleted.

**Iron Deficiency Anemia:** 99.9% of iron deficiency anemia is due to acute blood loss. Once the underlying problem is resolved, it does not recur. An exception to this is the woman with persistent anemia due to heavy menses. The anemia from this condition, once stabilized, can be handled by monitoring the hematocrit or hemoglobin and providing iron replacement accordingly.

**Hemolytic Anemia:**

**Spherocytosis and Elliptocytosis:** Individuals with these hereditary anemias can have only one episode and never have a recurrence. Clearance should be judged on the number of episodes.

**G6-PD and Pyruvate Kinase:** These hereditary anemias are due to an enzyme deficiency and an acute episode can be stimulated by a variety of factors, such as infections, stress, medications or an unknown cause. Individuals with these conditions should be placed where they can receive CBC monitoring and management in case of illness and an acute episode.

**Auto-Immune Hemolytic Anemia:** Individuals with this condition should be monitored and stable at least 1 year after diagnosis and treatment before considering the application for placement. This condition may exacerbate once off treatment and the disease has serious implications.

**Sickle Cell, Hemoglobin C, Thalassemia:** All consultants thought that individuals with the Trait of these conditions were stable enough to be accepted into Peace Corps if they could be placed in countries where they could be managed if they experienced a crisis abroad. Because the treatment might include blood transfusion this would infer countries where the risk of HIV transmission through blood products is controlled. One consultant thought individuals with Sickle Cell disease, suffering less than one episode a year, could do well in a country with medical facilities which could provide support during a crisis if it became necessary. The other two consultants thought the risk too great and that individuals with Sickle Cell disease should not be considered for Peace Corps service. All consultants felt that individuals with Hemoglobin C, Thalassemia and combinations of Sickle Cell and Hemoglobin C, Sickle Cell and Thalassemia disease would be at too great a risk from their disease in a developing country.

**Purpura Simplex:** This condition is considered a disease by some, not by others. It is primarily a condition of young females and is evidenced by bruising easily.

5/4/93



### Immune Thrombocytopenia

**Puerpera (ITP):** Childhood ITP can be an episode associated with a viral infection and never recur. Adult ITP is an auto-immune platelet disorder and, if treated and stable, can remain stable.

### Hereditary Congulation

**Disorders:** The hereditary coagulation disorders, such as hemophilia, are serious conditions requiring transfusions of platelet and factor concentrates. Such transfusions could place the individuals at risk in countries without adequate HIV screening.

**Leukemia:** If an individual has survived 5 years after treatment without a recurrent episode of the disease, they are considered cured. If they have had a recurrence during the 5 year after treatment, they would be considered a poor risk for survival.

**Myelodysplasia:** Individuals diagnosed with Myelodysplasia have a condition which is pre-leukemic, is extremely unpredictable, and which may exacerbate into acute leukemia at any time.

### Lymphoma, Hodgkin's Disease and

**Multiple Myeloma:** If diagnosed and treated early, Hodgkin's Disease has more than a 90% cure rate. Lymphoma has a less optimistic prognosis than Hodgkin's, however, if there have been no recurrent episodes in the 5 years post treatment, individuals may do very well, require no maintenance treatment and only need an annual examination by hematologist and blood studies. Multiple Myeloma is a disease which can lie dormant for many years, without evidence of clinical symptoms. If individuals are in the dormant stage of this disease, they could manage very nicely with monitoring as recommended by their hematologist/oncologist.

### Polycythemia and

**Polycythemia Vera:** Polycythemia is an abnormal increase in the number of red blood cells. It can be compensatory polycythemia, that is polycythemia resulting from anoxia due to pulmonary emphysema or prolonged residence at high altitudes. Relative polycythemia is a relative increase in the number of red blood cells due to a loss of the fluid portion of the blood as might occur as a result of dehydration due to diarrhea or diuretics. Polycythemia Vera is a chronic myeloproliferative disorder of unknown cause characterized by an increase in Hgb concentration and RBC mass. Individuals with this condition require periodic phlebotomy and monitoring which would be difficult to provide through a Peace Corps Medical Unit.

**Splenectomy:** As the spleen is a site for anti-body synthesis and a phagocytic organ, individuals who have undergone splenectomy are highly susceptible to infection. They should have all the required immunizations and in addition, Pneumovax, meningococcal, Hemophilus influenza and hepatitis-B vaccines. Because of the loss of the phagocytic action performed by the spleen, individuals who have had a splenectomy should not be placed in a malarial country; an episode of malaria, even though treated, can quickly become a life threatening illness for them.

5/4/93

# BLOOD VALUES

COMPONENT	NORMALS		CRITERIA	ACTION
	Female	Male	Low -----	_ See Anemia, R/O GI Need, co
Hematocrit	38-46%	42-52%	WNL-----	_ Clear
Hemoglobin	12-16g/dl >50 y.o.: 11-13g/dl	14-18g/dl >50 y.o.: 12-14g/dl	HIGH-----	_ MD Evaluation to R/O COPD, Polycythemia, High altitude habitant, dehydration, repeat H&H
Serum Fe	Male: 70-150 mcb/dl Female: 80-150 mcb/dl	70-15 mcb/dl	WNL-----	_ Clear
Total Iron Binding Capacity (TIBC)	Male: 300-400 mcb/dl Female: 300-450 mcb/dl	300-400	Low-----	_ Check for anemia
Mean Corpuscular Volume (MCV)	80-100 cubic microns		<80-----  WNL----- >100-----	_ Defer. MD evaluation to R/O Thalassemia, Iron deficiency or chronic diseases _ Clear _ Defer MD evaluation to R/O Pernicious Anemia, Folic Acid Deficiency
Platelets	150-450k/cmm	Comments: Adequate	WNL----- Low or Inadequate	_ Clear _ Defer; R/O bleeding disorder
Normal size, shape or color		Few, rare or ----- slight with no other abnormalities  Macrocytic,----- Microcytic, Burr cells, hypochromic, Polychromatic		
		_ Clear  _ Defer: MD evaluations to R/O Abnormalities, repeat test		
White Cell Count	3,500 - 11,000 WBC's/ml		<3,500  WNL-----  >11,000-----	_ Defer: MD evaluation to R/O Viral Infection, Drug Therapy, Repeat WBC, Infections, Mono  _ Clear  _ Defer: MD Evaluation to R/O Bacterial Infection, Leukemia, Polycythemia, Repeat WBC



WBC Differential	Total segmented neutrophils	50-75%	WNL -----	_ Clear
	(Polys):	3-5%	Slight elevation-----	_ Clear
	Bands (stabs):	0-1%	of Eosinophils with allergies	
	Metamyelocytes:	20-40%		
	Lymphocytes:	0-8%	Slight elevation or-----	_ Defer: repeat test
	Monocytes:	0-6%	slight decrease in neutrophils or lymphocytes	
	Eosinophils:	0-2%		
	Basophils;	0-4%	Any other -----	
	Atypical Lymphs:	the presence of any other types of WBC is abnormal and requires evaluation	abnormality, presence of blasts, eosinophils >7%, Atypical lymphs >4%	_ Defer: MD evaluation to R/O malignancies, Inflammatory Disorders, Immune Disorder, Hodgkin's, Colitis, Nephrosis

5/4/93